



LIAISON OF
INDEPENDENT FILMMAKERS
OF TORONTO



WINTER 2026: January - April
WORKSHOPS and COURSES
Comprehensive Production Training
for Film, Digital and Interactive Art

WINTER 2026 WORKSHOPS

Registration starts Tuesday January 13, 10 AM ET

01 COMMUNITY OUTREACH AND INDUSTRY

LIFT Public Guided Tour	January 27 6 PM-6:45 PM	Free <i>Register Online</i>
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Panel: Analogue Filmmaking for Narratives	January 27 7 PM-8:30 PM	Free <i>Register Online</i>
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02 INTRODUCTION TO FILMMAKING

Introduction to Independent Filmmaking	February 2 and 4 6 PM-10 PM	\$135 Members \$160 Non-members
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Cinematography Bootcamp for Documentary Filmmakers	March 15 10 AM-3 PM	\$85 Members \$110 Non-members
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03 FILMMAKING INTENSIVE

Super 8 Filmmaking Intensive	February 28 10 AM-6 PM	\$185 Members \$210 Non-members
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Smartphone Filmmaking and Content Production	March 31, April 2, 7 and 9 6 PM-9 PM	\$200 Members \$225 Non-members
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Advanced Mobile Production	April 21, 23, 28 and 30 6 PM-9 PM	\$200 Members \$225 Non-members
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04 WRITING

Introduction to Screenwriting	February 5, 12, 19 and 26 7 PM-9:30 PM	\$235 Members \$260 Non-members
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Script Development Studio	April 9, 16, 23 and 30 6:30 PM-9:30 PM	\$235 Members \$260 Non-members
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05

PRODUCING

Producing Dramatic Films	February 9 and 11 6 PM-10 PM	\$125 Members \$150 Non-members
Grant Writing for Arts Councils	February 10 and 17 6 PM-9 PM	\$125 Members \$150 Non-members
Visual Research for Documentaries	March 24 and 26 6 PM-9 PM	\$115 Members \$140 Non-members
Crafting the Perfect Pitch: Packaging Your Project for Success	March 30 and April 1 6 PM-10 PM	\$125 Members \$150 Non-members
Canadian Filmmakers’ Toolkit for National Reach and Engagement	April 14 and 16 6 PM-10 PM	\$125 Members \$150 Non-members
The Business of Film Distribution	April 27 and 29 6 PM-10 PM	\$125 Members \$150 Non-members

06

DIRECTING

Directing Dramatic Film	Febraury 23 and 25 6 PM-10 PM	\$125 Members \$150 Non-members
Visual Metaphor and Expressive Directing Techniques	March 1 and 8 10 AM-5 PM	\$225 Members \$250 Non-members
Directing Documentary Film	March 2, 3 and 5 6 PM-10 PM	\$200 Members \$225 Non-members
Directing Actors for Narrative: Part I	March 9 and 11 6 PM-10 PM	\$125 Members \$150 Non-members
Directing Actors for Narrative: Part II	March 16 and 18 6 PM-10 PM	\$125 Members \$150 Non-members
Assistant Directing	March 17 and 19 6 PM-10 PM	\$125 Members \$150 Non-members
Storyboarding	March 18 and 25 6 PM-9 PM	\$110 Members \$135 Non-members

07**PRODUCTION**

Lighting Fundamentals	February 7 10 AM-6 PM	\$160 Members \$185 Non-members
Cinematography Fundamentals	February 21 10 AM-6 PM	\$160 Members \$185 Non-members
Art Direction for Film	March 4 6 PM-10 PM	\$75 Members \$100 Non-members
Introduction to Production Management and Accounting	March 22 10 AM-4 PM	\$115 Members \$140 Non-members
Script Supervision	March 23 and 25 6 PM-10 PM	\$125 Members \$150 Non-members
DIT Intensive (Digital Imaging)	March 29 10 AM-6 PM	\$135 Members \$150 Non-members
Grip and Electric Fundamentals	April 11 10 AM-6 PM	\$145 Members \$170 Non-members
Creative Lighting Techniques	April 12 10 AM-6 PM	\$150 Members \$175 Non-members

08**CAMERAS**

Camera Theory	January 31 10 AM-6 PM	\$135 Members \$160 Non-members
Bolex 16mm Cameras	March 7 10 AM-6 PM	\$150 Members \$175 Non-members
ARRI SR11 16mm and Aaton XTR Prod Super 16mm Cameras	March 10 and 12 6 PM-10 PM	\$150 Members \$175 Non-members
Camera Assisting	March 14 10 AM-6 PM	\$150 Members \$175 Non-members
Mastering LOG for Film Production	March 24 6 PM-10 PM	\$75 Members \$100 Non-member

SOUND

Introduction to Location Sound Recording	March 21 10 AM-6 PM	\$160 Members \$185 Non-members
Voice Over Techniques	March 28 10 AM-6 PM	\$125 Members \$150 Non-members
Introduction to Post Production Sound	April 13 6 PM-10 PM	\$75 Members \$100 Non-members
Sound Design with Pro Tools	April 20 and 22 6 PM-10 PM	\$135 Members \$160 Non-members

POST-PRODUCTION AND DIGITAL TOOLS

Digital Colour Grading with DaVinci Resolve	March 29 6 PM-10 PM	\$135 Members \$160 Non-members
Colour Theory for Filmmakers	April 8 6 PM-10 PM	\$75 Members \$100 Non-members
Editing with Adobe Premiere Pro	April 12 10 AM-6 PM	\$135 Members \$160 Non-Members
Editing on Film	April 25 11 AM-3 PM	\$75 Members \$100 Non-members

CREATIVE PRACTICES

Hand Processing Colour Film	April 18 10 AM-6 PM	\$175 Members \$200 Non-members
Optical Printing with the JK	April 19 10 AM-4 PM	\$125 Members \$150 Non-members
Eco-Processing 16mm Film	April 26 10 AM-6 PM	\$150 Members \$175 Non-members

Workshops are subject to change. Please refer to our website for the updated dates, descriptions and instructors. www.lift.ca/workshops

MEMBERSHIP INFORMATION

General Membership:

\$90.00 annually

- Receive the weekly members' ebulletin via email.
- Ability to post unlimited listings in weekly members' ebulletin for cast and crew calls, screenings, broadcasts, exhibitions and projects that members have worked on.
- Discounted rates on LIFT workshops and courses.
- Discounts on expendable items and merchandise in LIFT Store.
- Discounts on admission to LIFT events.
- Ability to attend the LIFT Screenwriting Circle.
- Discounts on various workshops and events from partner organizations.
- Eligible to apply for LIFT Production and Post-Production Support Grant.

General Student Membership:

\$75.00 annually

- All of the benefits of the General Level membership.
- General Student Memberships are available for students enrolled in any Canadian post-secondary learning institution. Students enrolled in non-film/media programs are also eligible for this membership.

Production

Membership:

\$175.00 annually

- All of the benefits of the General Level Membership.
- Ability to rent production equipment and post-production facilities.
- Must submit contact information for three (3) character references. The reference check takes at least ten (10) business days to process.

Production Student Membership:

\$75.00 annually

- All of the benefits of the Production Level membership
- Production Student Memberships are available for students enrolled in any Canadian post-secondary learning institution. Students enrolled in non-film/media programs are also eligible for this membership.

Organizational Membership:

Level 1:

\$175.00 annually
(Operating budget under \$1,000,000)

- Organizational memberships available for artist-run centres, festivals, art galleries, arts education and training institutions, and other non-profit or charitable organizations. Unincorporated collectives operating on a not-for-profit basis that receive funding (from one of the three levels of Arts Councils) for project grants are also eligible to apply.
- Receive the weekly members' ebulletin via email to all current staff members.

Level 2:

\$275.00 annually
(Operating budget over \$1,000,000)

- Ability to post unlimited listings in weekly members' ebulletin of cast and crew calls of organizations' job listings, events, calls for submissions, etc.
- Discounted rates for current staff members on LIFT workshops and courses.
- Discounts on expendable items and merchandise in LIFT Store.
- Ability to rent production equipment and post-production facilities for organization events and projects (Staff must join as individual members for personal projects).

Complete membership details can be found online at www.lift.ca/membership

Questions should be emailed to membership@lift.ca

Cover Image: Photograph by Michael Barker, www.michaelbarker.ca

Featuring Cinematographer and Member Katerina Zoumboulakis with LIFT's Aaton XTR Prod Super 16mm Camera Package.

Visit www.lift.ca/workshops for detailed workshop descriptions and updates

EQUIPMENT AND FACILITIES RENTAL

LIFT provides affordable access to production, post-production and exhibition equipment for non-commercial film, digital and new media projects. LIFT's equipment rental program strives to make otherwise expensive production resources accessible to the broadest pool of media makers. Equipment rentals are available to all production and organizational members in good standing. **LIFT does not rent equipment and/or facilities to non-members. Please see the previous page for membership levels and benefits.**

Complete equipment and facilities details, rental policy and rates can be found online at **www.lift.ca/equipment**

Questions should be emailed to **tech@lift.ca**

Available Facilities

Includes:

- Colour Correction and Finishing Suite (DaVinci Resolve)
- Dragonframe Animation Suite
- 16mm and 35mm Digital to Film Transfer Suite
- Steenbeck 16mm and 35mm Flatbed Editing Suite
- Pro Tools Audio Recording Suite
- Photography and Motion Picture Darkroom
- Telecine Transfer Suite
- JK Optical Printer Suite
- Oxberry 1700 Printer Suite
- Digital Classroom (7 workstations)

Available Equipment

Includes:

- RED Komodo Camera Package
- Canon C500 Mark II Camera Package
- High-Definition Digital Cameras
- Aaton XTR Prod Camera Package
- ARRI SR11 Camera Package
- Regular 8mm, Super 8mm, 16mm, Super 16mm and 35mm Motion Picture Cameras
- Various Lens Packages
- Lighting and Grip Equipment
- Location Sound Equipment
- Digital Video Projectors
- Super 8mm, 16mm and 35mm Projectors
- Additional Presentation Equipment

THE LIFT STORE

The LIFT Store carries a wide variety of film stocks (specializing in Regular 8mm, Super 8mm and 16mm), processing chemistry and editing supplies for all formats at economical rates.

The LIFT Store is available to the general public; members receive a members' discount. Special orders available. **www.lift.ca/store**

DONATE

Support LIFT's year round activities and speciality programs today. One-time or monthly donations will ensure we continue to provide affordable access to equipment, education and space for those who want to make films, out of a passion for, and commitment to the practice of filmmaking. **www.lift.ca/donate**

Registration

Online **registration starts at 10 AM ET on Tuesday January 13, 2026.** For credit card or PayPal registrations, please use our online system remotely at: **www.lift.ca/workshop-registration**. We accept Visa, Mastercard, American Express and Visa Debit. Cash or interac transactions require in person registration during office hours. Cheques and money orders are not accepted. LIFT Workshops have limited enrollment. **Registration is confirmed only when payment has been received in full.**

Workshop Guidelines

A workshop will run once we have 50% enrolment in the class; please register early to avoid disappointment. LIFT workshops are best suited to individuals 18 years old and over. Only the person whose name appears on the enrolment is registered for the workshop. **Digital video and audio recording of LIFT workshops is strictly prohibited.** LIFT strives to make our space and workshops as accessible as possible. Please contact us about special needs at least four (4) weeks before the start of the workshop you are interested in and we will work towards accommodating them. The majority of workshops are in person at 1137 Dupont Street and some will take place online via Zoom. **Please use the Gladstone Avenue entrance for all in person workshops. During registration note whether a workshop is in person or online.** If a workshop is in person, we ask that participants review the mask policy for that workshop before attending. Workshops are subject to schedule, instructor or content amendments, or cancellation at the discretion of LIFT. Please refer to our website for updated information. All registered participants will be notified of any cancellation, instructor or schedule changes. LIFT will refund full registration fees to those participants unable to make rescheduled dates or cancellations.

Participant Cancellation Policy

Participants must cancel up to five (5) full business days, excluding weekends and holidays, prior to the start date of the workshop to receive a 80% refund per cancelled workshop. No compensation is available for cancellations less than five (5) full business days or for non-attendance. There are absolutely no make-ups or transfers allowed for any missed session. All cancellations must be received and confirmed by email to **workshops@lift.ca**. All refunds will be issued by cheque or PayPal regardless of the original method of payment.

Address:

1137 Dupont Street, Toronto, Ontario, M6H 2A3 | Canada

Website:

www.lift.ca

Telephone:

416.588.6444

Email:

workshops@lift.ca

Hours:

Monday - Friday 10 AM - 6 PM



@_liftfilm



@LIFT.ca



@LIFTfilm

The Liaison of Independent Filmmakers of Toronto (LIFT) is an artist-run charitable organization dedicated to facilitating excellence in the moving image through media arts education and production resources. LIFT is supported by its membership, the Canada Council for the Arts, the Ontario Arts Council, the Government of Ontario, the Ontario Arts Foundation and the City of Toronto through the Toronto Arts Council.



Conseil des arts
du Canada

Canada Council
for the Arts



ONTARIO ARTS COUNCIL
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Workshops designed by Screen Industry Training Hub (SITHub)
www.sithub.ca